The Fruit Flies' Picnic Interactive CD-ROM Follow-up Questions from the Pop-Up Windows



Objective: Readers will recall specific details about fruit and staying healthy.

1. Name five fruits from the rainforest?

2. Name the seven colors of the rainbow?

3. Name the five primary colors of fruits used in this story.

- 4. How many minutes of exercise do you need each day to stay healthy?_____
- 5. Name five physical activities you like to do to stay healthy?

6.	What is a fruit?					
7.	What is a vegetable?					
8.	Name your favorite fruit?					
9.	Name your favorite vegetable?					
10.	Name a red fruit that grows on a vine close to the ground?					
11.	Name a green fruit that grows on a vine like grapes?					
12.	What fruit is also called a custard apple?					
13.	Name a soft juicy fruit without a stone?					
14.	cups of fruit juice = a 1 cup serving					
15.	cups of fruit = a 1 cup serving					
16.	cups of dried fruit = a 1 cup serving					
17.	How many strawberries = a 1 cup serving?					
18.	Name a red fruit that helps keep your heart strong and memory sharp?					

19. Name a yellow fruit that helps keep your heart strong and your vision clear?

- 20. Name a green fruit that helps keep your vision clear and bones and teeth strong?
- 21. Name a white fruit that helps keep your heart strong?



22. Name a purple fruit that helps keep your memory sharp and body healthy as you grow?
23. Name five more red fruits that were not pictured in the book?
24. Name five more yellow/orange fruits that were not pictured in the book?
25. Name one more green fruit that was not pictured in the book?
26. Name two more blue/purple fruits that were not pictured in the book?
27. Do vegetables have the same health benefits as fruits?
28. Name five red vegetables?

29.	Name two	health	benefits	of eating	g red	vegetables?	
-----	----------	--------	----------	-----------	-------	-------------	--

30. What is a fruit – vegetable?_____

_ _

_ _

31. Name three red fruit-vegetables?

32. Name five yellow/orange vegetables?

33. Name two health benefits of eating yellow/orange vegetables?

34. Name four yellow/orange fruit-vegetables?

35. Name five green vegetables?



36. Name two health benefits of eating green vegetables?

37. Name seven green fruit-vegetables? _____ _____ 38. Name five white/tan/brown vegetables? _ _ _____ 39. Name one health benefit of eating white/tan/brown vegetables? 40. Name five blue/purple vegetables? ____ 41. Name two health benefits of eating blue/purple vegetables?



42. Name two blue/purple fruit-vegetables?

43. Name a fruit that has its seeds on the outside?_____ 44. Why do apples float? 45. Do pears float? 46. What fruit did early explores use as a canteen?_____ 47. What fruit has a smooth waxy edible skin? 48. What fruit grows on a plant 3 feet high?_____ 49. Can you eat the fuzzy skin of a kiwi? 50. What fruit contains an enzyme that helps digestion and is used as a meat tenderizer? 51. Name the one of the most popular apples in the United States?_____ 52. How many grapes are in a bunch of grapes? 53. What fruit is also called an alligator pear?_____ 54. How do you know if a cherimoya is ripe?_____ 55. What fruit can be frozen and eaten like ice cream? 56. What is the difference between a peach and nectarine? 57. What fruit grows on the largest herb in the world? 58. What fruit is wrinkled and coated with a sticky, waxy film? 59. How many blueberries are in a 1 cup serving?



60. If left on a tree an orange will turn back to what color?					
61. Can you name a berry that rhymes with chuckle?					
52. What is a sun dried grape called?					
53. Where does a prune come from?					
64. What do you put on fruit kabob?					
65. Name two ways you could add more fresh fruit and veggies in your diet?					
66. What is in a green smoothie?					
67. Create a green smoothie?					
68. Name a country you would like to visit?					
69. Name a new fruit you would like to taste?					
70. What fruit will you bring to your fruit fly picnic?					

